



Fast Digital Connection

to your benefits and health

There are two easy ways to connect with Trustmark Health Benefits—your benefits administrator—to get the info you need when you need it, anywhere, anytime... and save a few trees along the way!

myTrustmarkBenefitsWire is a digital communication tool that connects with you via mobile messaging to help you get the most out of your benefits.

To activate my Trustmark Benefits Wire



Text "JOIN" to 49419



Complete the short form. Make sure to have your ID card handy.

And you're done! Fast and easy.



Ask your family members to call and join too. For privacy purposes, each family member over 18 on your plan must join separately.

Emails and Electronic EOBs

When Trustmark connects with you via email, you get your info fast without a bunch of paper filling up your mailbox at home.

To verify or change your email address:



Visit myTrustmarkBenefits.com and log in to your account. Not registered yet? Select Create an Account to get started.



Select *About Me* at the top left. If you're requesting for the first time, you'll automatically be directed to this page.



Verify your email address. If you'd like to change it, click the green Edit button at the bottom left and enter your new address.

And you're all done! You can change your email address anytime.

Expect more. Benefit more.

If you have any questions, just call the number located at the top of your ID card.

